



## Adult Health Nursing, 5e

*Barbara Lauritsen Christensen RN MS, Elaine Oden Kockrow RN MS*

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Part of the popular LPN Threads series, *Adult Health Nursing* provides all of the medical-surgical and basic anatomy and physiology content LPN/LVN students need to know as they prepare for practice. Designed to be used in conjunction with *Foundations on Nursing*, by the same author team, together these two full-color texts provide complete coverage of all of the content needed in an LPN/LVN curriculum.

- Overview of Anatomy and Physiology begins all body systems chapters and Introduction to Anatomy and Physiology chapter provides a clear, basic understanding of the A&P that LPN/LVNs need to know.
- Objectives are separated into Anatomy & Physiology and Medical-Surgical categories.
- Assessment is separated into Subjective and Objective Data.
- Nursing Process is applied to the discussion of disorders and appears in a summary form at the end of each chapter.
- Nursing Care Plans, presented in a case-study format, emphasize patient goals and outcomes and include Critical Thinking Questions at the end of each care plan.
- Nursing Diagnosis boxes, screened and highlighted in the text, include nursing diagnoses for specific disorders paired with the appropriate nursing interventions.
- Skills are presented in a step-by-step format with clearly defined nursing actions and rationales.
- Clinical Pathways are included to reflect collaborative care.
- Patient Teaching boxes include post-hospital discharge guidelines and disease prevention instructions with a strong focus on three-way communication among the nurse, patient, and family members.
- Cultural and Ethnic Considerations boxes include a variety of cultural scenarios that nurses may face when providing health care.
- Older Adult Considerations boxes provide age-specific information for the care of the aging population, which is often the primary focus of the LPN/LVN nurse.
- Home Health Considerations boxes discuss issues facing patients and their caregivers in the home setting.
- Unique Complementary and Alternative Therapy boxes, in nearly every chapter, provide a breakdown of specific therapies, along with precautions and possible side effects.
- Unique Therapeutic Dialogue boxes illustrates communication strategies through real-life examples of nurse-patient dialogue.
- Unique Medication Tables are meticulously detailed and provide quick access to action, dosage, precautions, and nursing considerations for commonly used drugs.
- New Companion CD, bound in every text, includes an audio glossary, 170 NCLEX® exam-style multiple-choice and alternate item review questions, 15 animations, 15 video clips, 15 audio clips, a fluids & electrolytes module, Body Spectrum - an electronic anatomy coloring book, and Spanish-English phrases.
- Unique Health Promotion Considerations boxes, a LPN thread, highlights information on wellness and disease prevention, including infection control, diet, and pregnancy.
- Safety Considerations boxes, a LPN thread, highlights safety issues in a variety of settings to stress the importance of maintaining safety to protect patients, families, health care providers, and the public from the accidental spread of diseases.
- New content added on blood tests for congestive heart failure (BNP), treatment modalities in the chapter on Care of the Patient with HIV/AIDS, new diabetes medications, revised hepatitis classifications, sacro-neuro stimulators for urinary incontinence, and more.
- Two new appendices include JCAHO Lists of Dangerous Abbreviations, Acronyms, and Symbols; and Laboratory Reference Values.

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