



Stress in Dogs

Martina Scholz, Clarissa von Reinhardt

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Stress the cause of problem behaviors in dogs?

If your dog destroys the house the minute you leave, he may be stressed-out. If he has an unpleasant body odor, excessive dandruff or heavy shedding, he may be stressed-out. If he is hyperactive, suddenly aggressive, hides under the bed or displays more than two dozen other symptoms, he may be stressed-out and need your help.

The study of stress in human medicine and psychology has taught us that stress can lead to the development of health problems, affect our relationships with others, and can make us unhappy, irritable, and even aggressive. Dogs are no different. The conditions under which dogs are kept today demand a lot of them. They live in a very unnatural world traffic, noise, crowding, isolation from others of their species, and long separations from their human family.

Stress in Dogs is the first book to analyze, explain, and help you resolve stress in the lives of our canine companions. Written for both the canine professional as well as concerned dog owners, the information in Stress in Dogs can improve the lives of dogs as well as humans with a sound approach to resolving stress-related problems.

Learn how you can help your dog.

There are more than 30 signs of stress in dogs learn how to spot them.

Male and female dogs have different stressors, learn what they are and how to avoid them.

You may be over-doing it too many outings, too many dog sports, too much stimulation.

Develop your own anti-stress program is logical and simple to implement.

Follow real-life cases where behavioral problems are solved by reducing stress levels.

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Helen Perez:

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Jane Pelley:

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