



Transitioning Your Aging Parent: A 5 Step Guide Through Crisis & Change

Dale C. Carter

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"Transitioning Your Aging Parent: A 5 Step Guide Through Crisis & Change" helps adult children and families navigate the many changes their aging parents will face. Dale Carter has developed a new framework, ADAPT, from her personal experience, her background as an educator and project manager, and a sincere desire to help families and their aging parents. Readers will learn how to use the framework, apply specific strategies, and seek out appropriate resources that are right for their situation. Personal stories are woven throughout to illustrate the concepts. Discover how to approach any crisis or change in your parent's life with clarity and confidence. "It's almost as though you took all my years of training and managed to put order to it. The ADAPT method of caregiving will decrease stress and give great comfort to families in the eldercare world. My fear is that we can't get it out to people fast enough." ~ P.K. Beville, M.S., Founder, Second Wind Dreams & Geriatric Specialists

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Robert Beck:

Playing with family in a park, coming to see the water world or hanging out with friends is thing that usually you might have done when you have spare time, subsequently why you don't try thing that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Transitioning Your Aging Parent: A 5 Step Guide Through Crisis & Change, it is possible to enjoy both. It is fine combination right, you still need to miss it? What kind of hangout type is it? Oh can happen its mind hangout guys. What? Still don't understand it, oh come on its referred to as reading friends.

Bradley Bishop:

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