



13 Chaos: When You Stop, You Lose

Cathy Belyea

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My blog 'Growing and Knowing' has been a big part of my life this past year. When I wrote most of these blogs, I was very hurt and in pain over a love relationship but have grown through this struggle. I always felt victimized by defeat, lies, and negative thoughts and shared all this on my site. Recently, I have made changes to turn those negatives into positives and that is why I decided to write this book. I wanted to share with the world special moments, inspirational words and continue to believe that I can make a difference. The book will be beside me every day as a reminder of how I admitted my humanity and survived through it all. Today, I continue to blog but with a different outlook on life. I learn everyday what types of people can be good for growth and even the negative people can send a message to which you can learn from. I want to bring light and hope to those who have none but most of all share this journey with the world.

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From reader reviews:

Marian Jackson:

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Karen Lheureux:

Is it an individual who having spare time and then spend it whole day by simply watching television programs or just telling lies on the bed? Do you need something totally new? This 13 Chaos: When You Stop, You Lose can be the respond to, oh how comes? A fresh book you know. You are consequently out of date, spending your time by reading in this brand new era is common not a nerd activity. So what these guides have than the others?

Siobhan Wilcox:

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