



# **Lebensberatung - Weisheit - Lebenskunst[Life Coaching - Wisdom - The Art of Living] (German Edition)**

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## Lebensberatung - Weisheit - Lebenskunst[Life Coaching - Wisdom - The Art of Living] (German Edition)

English summary: We live in a counseling society. On every level of daily life today people are looking for professional coaching, for expert opinion and for advice: In educational matters, on time management, on questions of healthy nutrition, on partnership and generally on how to lead a happy and fulfilled life. Apparently, the liberty of shaping one's own life generates a complexity that triggers an intense search for advice on how to do this. This situation is illustrated graphically by the booming market in advisory literature. Against this background, the present volume with contributions from the various theological disciplines and religious studies reflects how this search for advice and orientation ought to be interpreted and how the biblical-Christian tradition can make illuminating and deepening contributions to this need. This on the one hand pays tribute to the general search for wisdom and a fulfilled life, while on the other it highlights the paradoxes and ambivalences of the late modern practice of coaching. German description: Wir leben in einer Beratungsgesellschaft. Auf allen Ebenen des taglichen Lebens suchen Menschen heute nach professionellem Coaching, nach Expertise und Rat: in Erziehungsfragen, beim Zeitmanagement, bei Fragen der gesunden Ernährung, in Fragen der Partnerschaft und ganz grundsätzlich auf der Suche nach ihrem Lebensglueck. Offensichtlich erzeugt die Freiheit der Lebensgestaltung eine Unuebersichtlichkeit, die intensiv nach Gestaltungsratschlagen suchen lasst. Die boomende Ratgeberliteratur belegt dies anschaulich. Vor diesem Hintergrund reflektiert der Band mit Beitragen aus allen theologischen Disziplinen und der Religionswissenschaft, wie die Suche nach Rat und Orientierung zu deuten ist und inwiefern die biblisch-christliche Tradition dazu Erhellendes und Weiterfuehrendes beizutragen hat. Dabei wird zum einen die Suche nach Weisheit und Lebenskunst gewuerdigt, aber zugleich auch auf die Paradoxien und Ambivalenzen spuetmoderner Beratungspraxis aufmerksam gemacht.

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