



# Put Your Big Girl Panties On and Kick Fear in the Ass

Jane Lovas

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#### Put Your Big Girl Panties On and Kick Fear in the Ass Jane Lovas

"Put Your Big Girl Panties On and Kick Your Fears in the Ass" is a book for women who appear confident on the outside and are afraid on the inside. Jane shares the story of how she began dealing with her fears. The illustrations and text will take you through a delightfully open experience.



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