



# Recognizing & Managing Aggression: Practical Awareness Strategies & Defensive Tactics

*Jesse Lawn*

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Recognizing & Managing Aggression is a condensed manual of "need-to-know" personal defense knowledge. Author Jesse Lawn introduces readers to the concept of the "Operational Security Model" which includes subjects such as: • Active Scanning Techniques • Threat Recognition • Setting a Personal Perimeter • Verbal De-escalation & Diffusion • Defensive Countermeasures • Tactical Disengagement • Aid & Evacuation • Post-Conflict Police Interactions

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