



Acting: Psychophysical Phenomenon and Process (Theatre and Performance Practices)

Phillip B. Zarrilli, Jerri Daboo, Rebecca Loukes

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What is the relationship between 'body' and 'mind', 'inner' and 'outer' in any approach to acting? How have different modes of actor training shaped actors' experiences of acting and how they understand their work? Phillip B. Zarrilli, Jerri Daboo and Rebecca Loukes offer insight into such questions, analysing acting as a psychophysical phenomenon and process across cultures and disciplines, and providing in-depth accounts of culturally and historically specific approaches to acting. Individual chapters explore:

- psychophysical acting and the legacy of Stanislavsky
- European psychophysical practices of dance and theatre
- traditional and contemporary psychophysical approaches to performance in India and Japan
- insights from the new sciences on the 'situated bodymind' of the actor
- intercultural perspectives on acting

This lively study is ideal for students and practitioners alike.

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