



# Spirituality Without Religion

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## **Spirituality Without Religion** John Tomikel

One does not have to believe in the God of organized religion to experience spirituality. The feeling of awe for the earth and its environments is programmed into all of us through evolution. We can enhance this feeling of awe by following a path to spirituality which is final enlightenment and understanding. Through spirituality, we can achieve peace within ourselves as we come to realize where we are and our relationship to the things of earth. How we got here and where we are going are other matters. These are in a state of conjecture, but the concepts of where we are and our relationships can be achieved through spirituality. Once we reach an understanding of spirituality we can harness its energy to make our lives more pleasant and peaceful.

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