



The Couple Who Became Each Other: Stories of Healing and Transformation from a Leading Hypnotherapist

David Calof

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Intuition, gut feelings, hunches...Call it what you like, we all possess unconscious wisdom. And as the stories in this book make clear, that wisdom has the power to heal.

A married couple trade identities in trance--and end the battles that have pushed them to the brink of divorce. A patient in deep trance endures a five-hour surgery without anesthesia, even stopping her bleeding on cue. A woman who is going blind regains her sight when she confronts the knowledge she has been trying not to "see."

These are just a few of the fascinating true stories told by family therapist David L. Calof, one of the leaders of modern hypnotherapy. In a practice spanning more than twenty years, Calof has helped clients use the power of their own unconscious minds to gain insights, solve problems, and heal physical and psychological wounds--sometimes in dramatic ways even he could not foresee. His revealing book offers remarkable insights into the inner wisdom we all possess.

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