



Addiction: Addiction Recovery Guide: How to Break Free from Addiction - Substance Abuse, Alcoholism and Smoking (Stop Addiction, Recovery, Drug Addiction, Quit Smoking, Quit Alcohol)

Nick James

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Addiction

Addiction Recovery Guide: How to Break Free from Addiction - Substance Abuse, Alcoholism and Smoking

If you've selected this book, chances are you or someone you love struggles with addiction. This addiction could be anything from smoking, to chewing tobacco, to prescription drugs, to hard drugs or even alcohol. All of the above substances are unique and serious all in their own way. At the moment, it's probably difficult to see your life, of the life of your loved ones without the influence, struggles and frustrations that stem from this addiction. This is where this book comes in! Right now, you or someone you love is struggling. There is a good chance you've selected this book because what you've tried in the past (whatever that may be) hasn't worked as well as you'd like it to or you're still experiencing serious addiction problems. Rest assured, you've come to the right place! Thankfully, this book is an informational and educational tool you can use to help yourself or someone you love fight against their addiction and hopefully, solve the problems stemming from it. Whatever your addiction may be, this book is here to provide factual, helpful and realistic information and educational advice so you can combat your addiction. It's common knowledge that fighting and ending an addiction are extremely difficult things to do, however, this book is written with your struggles and obstacles in mind! This book includes: -Information on alcohol addictions and how to quit your addiction -Information on drug addiction and how you can quit -Information on an addiction to cigarettes and chewing tobacco how to stop smoking and chewing

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