



Gymnastics Level 3: Coaches Certification Manual

Rita Brown

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
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The GYM CERT Women's Level 3 Gymnastics Coaching Manual covers all aspects of gymnastics at the recreational intermediate level. The Level 3 manual includes combinations putting together GymCert Level 1 and GymCert Level 2 skills by creating sequences and short routines for use in your recreational gymnastics classes. Included are spotting tips, safety tips, and instructor charts and evaluation forms for charting students progress and lesson plans on all events. GymCert level 3 manual corresponds to the online Level 3 GymCert course. Online course sold separately.

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