

## The Best In Me: A Guided Journal To Personal Achievement

Nicholas K. Buggs



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Do you have goals? Do you have dreams? Of course you do! The Best In Me will help you stay on track to reaching those goals and realizing those dreams by reminding you of what it takes to be the best version of yourself each and every day. This journal will provide you with an opportunity to take a look at the positive behaviors needed to achieve success and relate them to your own life and your own circumstances. It will challenge you to acknowledge the things that may be standing in your way and to set actionable goals for each week. The poetry of Nicholas K. Buggs (Nick's Words) provides a new twist on creating a more personal relationship with the fundamental principles of personal achievement. Instead of simply providing a list of these principles, the carefully crafted poetry encourages you to feel the principles and to make them your own. After all, words are empty without emotion. Each poem in The Best In Me was inspired by someone working towards their own personal goals and dreams. That inspiration is paid forward throughout this book in an effort to help you on your way to personal success. If you received The Best In Me as a gift, please pay that kindness forward and pick up a copy for someone else. After all, everyone could use a little inspiration.

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