



# Introduction to the Human Body: The Essentials of Anatomy and Physiology

*Gerard J. Tortora, Sandra R. Grabowski*

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This edition is up-to-date and reflects the latest information and thinking in the field.

Focus on Homeostasis boxes clarify ways in which each system contributes to the homeostasis of each of the other body systems.

Focus on Wellness Essays throughout help readers apply the concepts to good health and understand how life-style factors affect the structure and function of the body.

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