



stART Journaling: An Art Journaling Workbook

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Sketch. Collage. Paint. stART Journaling Now!

Getting started is the hardest part, isn't it? Well that all ends here. *stART Journaling: An Art Journal Workbook* is an instruction guide and workbook created to help you eliminate all fear and anxiety of creating your first (or second or third) art journal page.

With more than a dozen techniques from some of our best authors, you'll have no trouble finding ways to begin. Guaranteed. And the best part? The journal is included! You'll find 60+ lightly textured pages right inside this book, and that means you never have to start on a scary, white page.

Included in *stART Journaling*:

- Step-by-step demos and tips on dozens of art journaling techniques.
- Prompts and art journaling inspiration to help you get started, including a gallery of some amazing art journaling pages.
- Abundant space to journal right inside this book.

Contributors include:

- **Randi Feuerhelm-Watts**, author of *Wide Open*.
- The Journal Fodder Junkies (**David R. Modler** and **Eric M. Scott**), authors of *Journal Fodder 365* and *The Journal Junkies Workshop*.
- **Quinn McDonald**, author of *Raw Art Journaling*.
- **Kelly Rae Roberts**, author of *Taking Flight*.
- **Melanie Testa**, author of *Dreaming from the Journal Page*.
- **Diana Trout**, author of *Journal Spilling*.

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