



The Zen of Screaming CD+DVD

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Vocal instruction for metal singers! Hosted by internationally acclaimed vocal coach Melissa Cross, (whose past students include Andrew W.K., Melissa Auf der Maur and the singers from Slipknot, Killswitch Engage and Thursday), this DVD provides information and step by step exercises to help you sing aggressively without damaging your vocal chords. The first of its kind, this DVD features convenient menus that allow you to navigate through over 30 segments, which include tips on vocal maintenance, actual vocal cord footage, and animations which illustrate specific vocal exercises. Bonuses include exclusive backstage and performance footage of today's most exciting artists, with candid offstage interviews and opportunities to see these artists actually working in the studio with Melissa. Featured vocalists include Andrew W.K., D. Randall Blythe (Lamb of God), Brian Fair (Shadows Fall), Melissa Auf der Maur and many more! Also includes an Audio CD & Booklet with a clearly itemized vocal practice program for each range. This DVD is as entertaining as it is informative and a must-have tool for vocalists of today.

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